



**Southport and  
Ormskirk Hospital**  
NHS Trust

# **PATIENT INFORMATION**

# **Maternity Services**

## **Pre-Booking Information**

**An integrated care organisation**



We are pleased that you have decided to have your baby with us at Southport and Ormskirk Hospital NHS Trust. This leaflet will give you general information about booking at the Maternity Services at Southport and Ormskirk Hospital NHS Trust. Further written information will be given to you during your pregnancy and the postnatal period.

### **Useful telephone numbers**

<b>Department</b>	<b>Telephone number</b>
Early Pregnancy Assessment Unit	01695 656064 out of hours contact 01695 656901
Antenatal Clinic Midwives	01695 656949
Community Midwives	01695 656668 Between 0900-1000 and 1600-1700
Maternity Assessment Unit	01695 656507
Triage	01695 656604
Delivery Suite	01695 656919/6091
Maternity Ward	01695 656947/6920
Antenatal Records Office for appointments/ultrasound scan appointments	01695 656924

Find out more about our Service at:

<http://www.southportandormskirk.nhs.uk/Maternity/>

Facebook – Ormskirk Maternity

## **Your booking appointment**

The letter enclosed details the information about your booking appointment.

It is important that a midwife sees you in early pregnancy to take a detailed history, discuss your future care and offer some blood tests. Therefore, this appointment will take approximately one hour 15 minutes. Please note that you will be seen alone for the first 15 minutes of your booking appointment.

For a change to your booking appointment (for West Lancashire, Southport and Formby and the Out of Area Team) contact the Community Midwives directly between 0900 and 1000 or 1600 and 1700.

For other areas please telephone the Antenatal Records Office.

## **Screening tests**

Please see the enclosed Information leaflet "Screening tests for you and your baby". It is important that you read this booklet before you attend for your appointments to give you time to consider the tests which will be offered by the midwife. There will be opportunity to discuss screening tests further when you attend your booking appointment.

## **Choices for care**

When your midwife books you in for care, she will discuss your options with you. We aim to help you to make an informed choice and take into account your wishes, to make your experience as pleasant and rewarding as possible.

Your options include:

- **Midwife Led Care**

This will be offered if you have no medical problems and your previous pregnancies and births have been straightforward.

The midwife will provide total care during pregnancy and childbirth and afterwards up until your baby is 28 days old. Your care during pregnancy will be by the community midwives.

Ultrasound scanning and screening is available at the Maternity Unit at Ormskirk & District General Hospital and Antenatal Clinic at Southport & Formby District General Hospital and is offered to all women accessing Maternity Services.

Should any problems arise where you require medical care, you will be referred to your GP or the Obstetrician at the hospital, depending on your needs.

If you choose to have your baby in Hospital, care during labour will be provided by the midwives on the Delivery Suite at Ormskirk & District General Hospital. During labour, your baby's wellbeing will be checked regularly by the use of a sonicaid or pinard stethoscope which will allow us to hear your baby's heartbeat. We will not routinely monitor you electronically unless there are any concerns.

- **Consultant Led Care**

This will be offered if you have had previous medical problems or complications in this or a previous pregnancy, where you may need specialist care from the Obstetricians. Your care during pregnancy will be shared by the Obstetricians and the Midwives and you will have more visits to the hospital.

### **Place of birth**

The following options are available to you:

- **Home birth**

If you have chosen midwife-led care and your pregnancy remains straightforward, then home birth may be the choice for you. You will be cared for by the Community Midwives who will be on call for the birth of your baby at home.

When considering safety in choosing home birth, there is no evidence to suggest that it is safer to give birth in hospital, when everything is straight-forward. Your midwife will discuss this further with you.

- **Midwife Led Rooms designated within the Delivery Suite at Ormskirk & District General Hospital**

If you choose to have your baby in hospital and are under the care of the Midwives.

- **Consultant Unit at Ormskirk & District General Hospital**

If you choose to have your baby in hospital and are under the care of the Consultant Obstetrician. The Delivery Suite is based at Ormskirk & District General Hospital.

## **Stop smoking services**

Please be advised that the hospital buildings and grounds are smoke free.

If you or a member of your family smoke there is help and advice available via your local Stop Smoking Services. Your Midwife will be able to refer you to local services at your booking appointment.

You can also contact NHS [Smokefree](https://www.nhs.uk/stop-smoking) helpline on 0300 123 1044

## **Useful contact numbers**

National Childbirth Trust

Telephone: 0870-4448707 or [www.nct.org.uk](http://www.nct.org.uk)

Association for Improvement of Maternity Services (AIMS)

Telephone: 0870 765 1433 or [www.aims.org.uk](http://www.aims.org.uk)

## **Useful Apps**

Best Beginnings - Baby Buddy

[app.bestbeginnings.org.uk/web](http://app.bestbeginnings.org.uk/web)

RCM - Pregnancy and Birth Information

[pregnapp.rcm.org.uk/app](http://pregnapp.rcm.org.uk/app)

Lincus Maternity - Pregnancy and Postnatal Support

Register at: [www.lincus.eu](http://www.lincus.eu) Activation code - improving18

## **References**

NICE (2017) Intrapartum care: care of healthy women and their babies during childbirth

[www.gov.uk/topic/population-screening-programmes](http://www.gov.uk/topic/population-screening-programmes)

**During your contact with us, it is important that you are happy with your care and treatment. Please speak to a member of staff and/or the ward/department Sister/Senior Midwife if you have any questions or concerns.**

### **Matron**

A Matron is also available during the hours of 0900 to 1700 Monday to Friday. During these periods, ward/department staff can contact Matron to arrange to meet with you. Out of hours, a Senior Midwife can be contacted via the ward/department to deal with any concerns you may have.

### **Infection Control Request**

Preventing infections is a crucial part of our patients' care. To ensure that our standards remain high our staff have regular infection prevention and control training and their practice is monitored in the workplace. We ask patients and visitors to assist us in preventing infections by cleaning their hands at regular intervals and informing staff of areas within the hospital that appear soiled.

As a patient there may be times that you are unsure whether a staff member has cleaned their hands; if in doubt please ask the staff member and they will be only too happy to put your mind at ease by cleaning their hands so that you can see them.



**Contact information if you are worried about your pregnancy/yourself or baby in the postnatal period**

You can contact your own GP  
Maternity Unit – contact Triage – see contact numbers on page 1.

**Other useful telephone numbers / contacts**

**NHS 111**

Stop Smoking Helpline (Sefton) - 0300 100 1000

Stop Smoking Helpline (West Lancashire) - 0800 328 6297

For appointments please see contact numbers on page 1





# **Please call 01704 704714 if you need this booklet in an alternative format**

## **Southport and Ormskirk Hospital NHS Trust**

Ormskirk & District General Hospital  
Wigan Road, Ormskirk, L39 2AZ

Tel: (01695) 577111

Southport & Formby District General Hospital  
Town Lane, Kew, Southport, PR8 6PN

Tel: (01704) 547471

### **FOR APPOINTMENTS**

Telephone (01695) 656680

Email [soh-tr.appointments@nhs.net](mailto:soh-tr.appointments@nhs.net)

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